



VERBAL DE-ESCALATION OF AGITATION: CHANGING THE PARADIGM

Live interactive Zoom session

July 27, 2021, from 12:00 pm - 1:00 pm

Pre-registration via Zoom is required

<https://bit.ly/3xwdDeP>

Agitation can quickly escalate to a behavioral health emergency, if staff are not skillful in their interventions. Historical methods of treating agitation, such as routine restraints and involuntary medications, have been replaced with approaches that help a person learn to manage their emotions and regain control. During this training, Ms. Farr will briefly review the importance of communication and present guidelines for working with individuals experiencing agitation. Together we will explore how we can build environments that support recovery, foster respectful relationships, and promote safety.



Ms. Farr is a private consultant and trainer who has been working in the behavioral health field for more than 45 years.

She has significant experience serving populations with co-occurring mental health and substance use conditions, and trains extensively throughout the country on integrated treatment strategies and other evidence-based practices. Currently, she consults with Train for Change, a subsidiary of The Change Companies, as a trainer in The ASAM Criteria, Co-Occurring Conditions, and other related topics.

This event is graciously supported by the Howard County Health Department.